



Montana Indoor Track and Field



2008 Final Men's Performance List



**CURTIS
BEAN**

Senior ::: Eureka, Mont.

2008 Qualifications



Bean's Indoor Career Bests

Shot put: 48-8
Weight: 59-7

Meet

WSU Open (1.18-19)

MSU Open (1.25)

Idaho Invite (2.2)

ISU Invite (2.8-9)

MSU Duals (2.15)

MSU Last Chance (2.22)

BSC Champs. (2.29-3.1)

Shot put

48-8 (6)

47-4.25 (8)

46-6.75 (9)

46-7 (11)

45-11.75 (11)

Weight throw

58-7.25 (5)

57-1 (2)

59-2.25 (1)

59-7 (1)

58-3.75 (1)

58-0.25 (2)

59-4 (2)



**ZACH
BETZ**

Senior ::: De Witt, Iowa

Betz's Indoor Career Bests

800m: 2:01.89
Mile: 4:26.72
3,000m: 8:44.19
5,000m: 16:54.32

Meet

MSU Open (1.25)

MSU Duals (2.15)

MSU Last Chance (2.22)

800m

DNF

2:01.89 (aa: 2:01.29) (1)

Mile

4:35.57 (aa: 4:30.29) (9)

4:33.83 (aa: 4:28.55) (8)



**DAN
BINGHAM**

Senior ::: Toms River, N.J.

2008 Qualifications



Bingham's Indoor Career Bests

800m: 1:58.02
Mile: 4:10.40
3,000m: 8:29.39

Meet

MSU Open (1.25)

Idaho Invite (2.2)

ISU Invite (2.8-9)

MSU Duals (2.15)

BSC Champs. (2.29-3.1)

800m

1:58.02 (3)

Mile

4:20.52 (aa: 4:15.24) (1)

4:20.39 (1)

4:17.02 (aa: 4:12.36) (T4)

3,000m

8:32.78 (aa: 8:20.92) (2)

8:31.80 (aa: 8:21.45) (7)



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MICHAEL BLANCHARD

Sophomore ::: Selah, Wash.

Blanchard's Indoor Career Bests

Long jump: 19-3.25
Pole vault: 14-5.25

Meet

MSU Open (1.25)
Idaho Invite (2.2)
ISU Invite (2.8-9)
MSU Last Chance (2.22) 19-3.25 (4)

Long jump

Pole vault

14-5.25 (T2)
14-1.25 (T8)
14-2.5 (17)



MAC BLOOM

Junior ::: Stevensville, Mont.

Bloom's Indoor Career Bests

800m: 1:59.80
Mile: 4:20.73
3,000m: 9:03.77

Meet

MSU Open (1.25)
Idaho Invite (2.2)
ISU Invite (2.8-9)
MSU Duals (2.15)
MSU Last Chance (2.22)

800m

1:59.80 (5)

Mile

4:29.59 (aa: 4:24.31) (6)
4:20.73 (2)
4:26.90 (aa: 4:22.24) (8)
4:25.09 (aa: 4:19.81) (5)

3,000m

9:03.77 (aa: 8:51.91) (1)



LANDON BOWERY

Sophomore ::: Ennis, Mont.

2008 Qualifications



Bowery's Indoor Career Bests

55m hurdles: 7.75
60m hurdles: 8.56
400m: 51.84

Meet

MSU Duals (2.15)
MSU Last Chance (2.22) 7.87 (pre)
7.91 (2)
BSC Champs. (2.29-3.1)

55m hurdles

FS

60m hurdles

DNF



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DENNIS BRANDS

Senior ::: Canby, Ore.

2008 Qualifications



Brands' Indoor Career Bests

800m: 1:53.21
Mile: 4:16.43

Meet

MSU Open (1.25)	
Idaho Invite (2.2)	1:56.52 (1)
ISU Invite (2.8-9)	
MSU Duals (2.15)	1:53.21 (aa: 1:52.61) (1)
BSC Champs. (2.29-3.1)	1:55.31 (aa: 1:54.79) (pre)
	1:54.78 (aa: 1:54.26) (3)

800m

Mile

4:22.25 (aa: 4:16.97) (3)

4:17.59 (aa: 4:12.93) (6)



JAMES BROWN

Junior ::: Littleton, Colo.

2008 Qualifications



Brown's Indoor Career Bests

55m: 6.48
60m: 6.97
200m: 21.63

Meet

Air Force Inv. (1.13)		7.03 (6)	21.91 (1)
MSU Open (1.25)	6.56 (pre)		22.07 (2)
	6.55 (2)		
Idaho Invite (2.2)		7.10 (pre)	21.76 (1)
		7.09 (3)	
ISU Invite (2.8-9)		7.13 (pre)	21.98 (pre)
		7.14 (T6)	21.81 (2)
MSU Duals (2.15)	6.65 (pre)		21.98 (3)
	FS		
MSU Last Chance (2.22)	6.62 (pre)		
	6.64 (4)		
BSC Champs. (2.29-3.1)		7.07 (pre)	21.63 (pre)
			21.74 (5)
UW Last Chance (3.8)		7.11 (pre)	21.96 (3)
		7.09 (3)	

55m

60m

200m



CHRIS CLARK

Senior ::: Los Angeles, Calif.

2008 Qualifications



Clark's Indoor Career Bests

55m: 6.54

Meet

MSU Duals (2.15)	6.54
	FS
MSU Last Chance (2.22)	6.56 (pre)
	6.58 (3)

55m



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VAN COOPER

Senior ::: Denver, Colo.

Cooper's Indoor Career Bests

55m: 6.57

<u>Meet</u>	<u>55m</u>
MSU Duals (2.15)	6.79 (pre)
	6.77 (4)
MSU Last Chance (2.22)	6.88 (pre)



CLARK CRANFORD

Freshman ::: Worden, Mont.

Cranford's Indoor Career Bests

60m: 7.80 Shot put: 40-9
 High jump: 5-6
 Long jump: 20-4.5
 Pole vault: 13-11.25

<u>Meet</u>	<u>Heptathlon</u>	<u>60m</u>	<u>55m hurdles</u>	<u>60m hurdles</u>	<u>1,000m</u>
MSU Open (1.25)			FS		
BSC Champs. (2.29-3.1)	DNF	7.80 (hep)		DNS (hep)	DNS (hep)

<u>Meet</u>	<u>High jump</u>	<u>Long jump</u>	<u>Pole vault</u>	<u>Shot put</u>
MSU Open (1.25)			13-11.25 (7)	40-9 (12)
MSU Last Chance (2.22)				38-1.5 (9)
BSC Champs. (2.29-3.1)	5-6 (hep)	20-4.5 (hep)	NH (hep)	36-6.25 (hep)



KYLE DANREUTHER

Freshman ::: Big Sandy, Mont.

Danreuther's Indoor Career Bests

55m hurdles: 7.95
 60m hurdles: 8.65
 400m: 53.70

<u>Meet</u>	<u>55m hurdles</u>	<u>60m hurdles</u>	<u>400m</u>
MSU Open (1.25)	8.16 (pre)		53.70 (9)
	8.00 (3)		
Idaho Invite (2.2)		8.71 (pre)	53.71 (22)
		8.70 (2)	
ISU Invite (2.8-9)		8.65 (pre)	
		8.80 (12)	
MSU Duals (2.15)	8.01 (pre)		
	FS		
MSU Last Chance (2.22)	7.95 (pre)		
	8.03 (4)		



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MICHAEL FISHER

Sophomore ::: Ronan, Mont.

Fisher's Indoor Career Bests

3,000m: 9:09.69

Meet

MSU Open (1.25)	3,000m 9:09.69 (aa: 8:57.83) (8)
MSU Duals (2.15)	9:17.64 (aa: 9:05.78) (13)



STEVEN GIMPEL

Sophomore ::: Spokane, Wash.

2008 Qualifications



Gimpel's Indoor Career Bests

3,000m: 8:48.43
5,000m: 15:27.62

Meet

MSU Open (1.25)	3,000m 9:00.82 (aa: 8:48.96) (5)	5,000m
Idaho Invite (2.2)	8:53.46 (1)	
ISU Invite (2.8-9)	8:55.76 (aa: 8:45.41) (10)	
MSU Duals (2.15)	8:48.43 (aa: 8:36.57) (7)	
BSC Champs. (2.29-3.1)		15:27.62 (aa: 15:08.18) (12)



CHRIS HELLEKSON

Sophomore ::: Billings, Mont.

2008 Qualifications



Hellekson's Indoor Career Bests

Shot: 53-7
Weight: 53-7

Meet

MSU Open (1.25)	Shot put 53-7 (1)	Weight throw 52-2 (3)
Idaho Invite (2.2)	51-0.75 (2)	50-0.75 (9)
ISU Invite (2.8-9)	50-10.5 (5)	53-2 (4)
BSC Champs. (2.29-3.1)	45-3.5 (12)	45-8.5 (12)



DUNCAN HENDRICK

Senior ::: Edmonds, Wash.

2008 Qualifications



Hendrick's Indoor Career Bests

Mile: 4:21.01
3,000m: 8:36.96
5,000m: 15:32.43

Meet

UW Indoor (1.19)	Mile	3,000m 8:36.96 (T14)
MSU Open (1.25)		8:52.24 (aa: 8:40.38) (2)
ISU Invite (2.8-9)		8:38.18 (aa: 8:27.83) (5)
MSU Duals (2.15)	4:21.01 (aa: 4:15.73) (4)	
BSC Champs. (2.29-3.1)		9:06.57 (aa: 8:56.22) (13)



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CODY HENNING

Senior ::: Whitefish, Mont.

Henning's Indoor Career Bests

55m: 6.60
60m: 7.15
200m: 21.93
400m: 49.01

Meet	60m	200m	400m
MSU Open (1.25)			50.86 (2)
Idaho Invite (2.2)	7.17 (pre) 7.33 (7)	22.46 (4)	50.62 (6)
ISU Invite (2.8-9)	7.15 (pre) 7.17 (8)	22.47 (pre)	
MSU Duals (2.15)		22.59 (6)	49.60 (3)
BSC Champs. (2.29-3.1)			49.92 (pre)



ELI HERMANN

Senior ::: Bellingham, Wash.

2008 Qualifications



Hermann's Indoor Career Bests

3,000m: 8:49.24
5,000m: 15:16.50

Meet	3,000m	5,000m
MSU Open (1.25)	9:07.89 (aa: 8:56.03) (6)	
ISU Invite (2.8-9)	8:51.31 (aa: 8:40.96) (9)	
MSU Duals (2.15)	8:51.51 (aa: 8:39.65) (9)	
BSC Champs. (2.29-3.1)		15:33.57 (aa: 15:14.13) (13)



CHRIS HICKS

Sophomore ::: Whitefish, Mont.

2008 Qualifications



Hicks' Indoor Career Bests

Heptathlon: 5,015	60m hurdles: 8.85	Triple jump: 48-3.25
55m: 6.95	1,000m: 2:40.72	Pole vault: 14-5.25
60m: 7.35	High jump: 6-5.5	Shot put: 38-9.75
55m hurdles: 8.23	Long jump: 22-2.5	

Meet	Heptathlon	55m	60m	55m hurdles	60m hurdles	1,000m
MSU Multis (1.18-19)	3,941 (4)	6.95 (hep)		8.56 (hep)		2:51.55 (hep)
Idaho Invite (2.2)					9.07 (pre)	
ISU Invite (2.8-9)	4,866 (4)		7.49 (hep)		8.98 (hep)	2:40.72 (hep)
MSU Duals (2.15)				8.23 (pre) 8.35 (7)		
BSC Champs. (2.29-3.1)	4,988 (6)		7.35 (hep)		8.85 (hep)	2:45.85 (hep)
Meet	High jump	Long jump	Triple jump	Pole vault	Shot put	
MSU Multis (1.18-19)	5-5.75 (hep)	20-9.75 (hep)		NH (hep)	37-5 (hep)	
MSU Open (1.25)			48-0.75 (1)	14-5.25 (6)	33-10.25 (15)	
Idaho Invite (2.2)		20-10.5 (5)	47-7.25 (2)			
ISU Invite (2.8-9)	5-11.5 (hep)	20-11.75 (hep)	47-6 (2)	13-7.75 (hep)	36-7.75 (hep)	
MSU Duals (2.15)	6-2 (6)	21-1.5 (5)	47-5.75 (2)	NH		
BSC Champs. (2.29-3.1)	6-2.75 (hep)	21-11.5 (hep)		14-1.25 (hep)	32-5.75 (hep)	
			47-1.5 (3)			



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DAVID KING

Junior ::: Billings, Mont.

King's Indoor Career Bests

Long jump: 20-3.75
Pole vault: 15-1

<u>Meet</u>	<u>Long jump</u>	<u>Pole vault</u>
MSU Open (1.25)		13-11.25 (8)
Idaho Invite (2.2)	20-0.25 (13)	15-1 (T3)
MSU Duals (2.15)	20-3.75 (7)	NH
MSU Last Chance (2.22)	19-9 (3)	



PHIL KROK

Freshman ::: North Rocks, NSW, Australia

Krok's Indoor Career Bests

55m: 6.82 200m: 23.05
60m: 7.30
55m hurdles: 8.32
60m hurdles: 9.17

<u>Meet</u>	<u>55m</u>	<u>60m</u>	<u>55m hurdles</u>	<u>60m hurdles</u>	<u>200m</u>
MSU Open (1.25)	6.84 (pre) 6.84 (7)		8.32 (pre) 8.33 (8)		23.45 (9)
Idaho Invite (2.2)		7.37 (pre)		9.17 (pre)	23.05 (11)
ISU Invite (2.8-9)		7.30 (pre)		DNF	23.17 (pre)
MSU Duals (2.15)	6.82 (pre) 6.82 (5)		8.35 (pre)		23.09 (7)
MSU Last Chance (2.22)	6.84 (pre)		8.51 (pre)		



GREG LINDSTROM

Freshman ::: Portland, Ore.

Lindstrom's Indoor Career Bests

800m: 2:01.22

<u>Meet</u>	<u>800m</u>
MSU Open (1.25)	2:01.22 (aa: 2:00.62) (4)
MSU Duals (2.15)	2:02.99 (aa: 2:02.39) (8)
MSU Last Chance (2.22)	2:02.81 (aa: 2:02.21) (2)



TAYLOR NEPON

Freshman ::: Spokane, Wash.

Nepon's Indoor Career Bests

800m: 1:57.19
Mile: 4:24.25

<u>Meet</u>	<u>800m</u>	<u>Mile</u>
MSU Open (1.25)		4:24.25 (aa: 4:18.97) (5)
Idaho Invite (2.2)	1:57.19 (2)	



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MICHAEL O'CASEY

Freshman ::: Warrenton, Ore.

O'Casey's Indoor Career Bests

800m: 2:01.69

Meet

MSU Open (1.25)	800m 2:03.24 (aa: 2:02.64) (6)
MSU Duals (2.15)	2:01.69 (aa: 2:01.09) (7)
MSU Last Chance (2.22)	2:03.88 (aa: 2:03.28) (3)



LYNN REYNOLDS

Freshman ::: Dillon, Mont.

2008 Qualifications

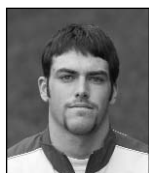


Reynolds' Indoor Career Bests

Mile: 4:25.47
3,000m: 8:47.33
5,000m: 15:20.09

Meet

MSU Open (1.25)	<u>Mile</u>	<u>3,000m</u>	<u>5,000m</u>
Idaho Invite (2.2)		9:00.64 (aa: 8:48.78) (4)	
ISU Invite (2.8-9)		8:56.63 (2)	
MSU Duals (2.15)	4:25.47 (aa: 4:20.19) (6)	8:47.33 (aa: 8:36.98) (7)	
BSC Champs. (2.29-3.1)			15:20.09 (aa:15:00.65) (11)



KANE RUSSELL

Sophomore ::: Columbus, Mont.

Russell's Indoor Career Bests

200m: 23.23
400m: 49.64

Meet

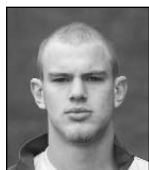
MSU Open (1.25)	<u>200m</u>	<u>400m</u>
Idaho Invite (2.2)		50.97 (3)
ISU Invite (2.8-9)	23.23 (pre)	50.92 (8)
MSU Duals (2.15)		51.28 (9)
		49.64 (4)



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**CHRISTIAN
SEGOTA**

Freshman ::: Missoula, Mont.

2008 Qualifications



Segota's Indoor Career Bests

Heptathlon: 4,517	60m hurdles: 8.74	Triple jump: 46-7.5
55m: 6.89	1,000m: 3:02.56	Pole vault: 9-8
60m: 7.39	High jump: 6-5.5	Shot put: 36-4.75
55m hurdles: 8.10	Long jump: 22-1.75	

Meet	Heptathlon	55m	60m	55m hurdles	60m hurdles	1,000m
MSU Multis (1.18-19)	4,337 (3)	6.89 (hep)		8.40 (hep)		3:05.57 (hep)
MSU Open (1.25)				8.10 (pre)		
Idaho Invite (2.2)				8.28 (6)		
ISU Invite (2.8-9)	4,517 (7)		7.39 (hep)		8.74 (pre)	
MSU Duals (2.15)					8.89 (T6)	
MSU Last Chance (2.22)				8.17 (pre)	8.87 (hep)	3:02.56 (hep)
				8.13 (6)		
				8.35 (pre)		
				FS		

Meet	High jump	Long jump	Triple jump	Pole vault	Shot put
MSU Multis (1.18-19)	6-0.75 (hep)	21-6.75 (hep)		9-8 (hep)	33-5.25 (hep)
MSU Open (1.25)	6-0 (1)	21-7.25 (1)	43-10.5 (3)		
Idaho Invite (2.2)	6-2.75 (T4)	Foul	43-9.25 (7)		
ISU Invite (2.8-9)	6-5.5 (hep)	22-1.75 (hep)	42-0.5 (8)	9-6.25 (hep)	33-1 (hep)
MSU Duals (2.15)	6-2 (5)	21-6.75 (4)	43-5.25 (4)		
MSU Last Chance (2.22)		21-2.5 (2)	46-7.5 (2)		36-4.75 (11)
BSC Champs. (2.29-3.1)	6-2.75 (9)	22-0.75 (10)	44-3.5 (10)		



**RYAN
SENN**

Senior ::: Hamilton, Mont.

Senn's Indoor Career Bests

55m: 6.93
60m: 7.40
200m: 23.22
400m: 50.37

Meet	60m	400m
MSU Open (1.25)		52.26 (7)
Idaho Invite (2.2)	7.40 (pre)	50.75 (7)
ISU Invite (2.8-9)		51.13 (7)
MSU Duals (2.15)		50.37 (6)



**BRYAN
SOMERS**

Sophomore ::: Three Forks, Mont.

Somers' Indoor Career Bests

55m: 6.90	400m: 53.27
55m hurdles: 8.23	High jump: 5-7
60m hurdles: 9.30	Long jump: 20-3
200m: 23.65	

Meet	55m	200m	400m	High jump
MSU Open (1.25)			54.27 (12)	
Idaho Invite (2.2)			53.27 (19)	
MSU Duals (2.15)	6.90 (pre)	23.65 (9)		NH



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**JAMES
STANTON**

Senior ::: Billings, Mont.

2008 Qualifications



Stanton's Indoor Career Bests

Shot put: 54-4
Weight: 49-9.75

Meet	Shot put	Weight throw
MSU Open (1.25)	53-1.75 (3)	
Idaho Invite (2.2)	52-1 (1)	
ISU Invite (2.8-9)	54-3 (1)	
MSU Duals (2.15)	53-9.75 (1)	ND
MSU Last Chance (2.22)	53-7.75 (1)	
BSC Champs. (2.29-3.1)	53-11.25 (2)	



**JAKE
STEVENS**

Senior ::: Seattle, Wash.

2008 Qualifications



Stevens' Indoor Career Bests

Shot put: 53-3.75
Weight: 53-7

Meet	Shot put	Weight throw
WSU Open (1.18-19)	52-4 (3)	49-3.75 (11)
MSU Open (1.25)	51-3 (6)	49-6.5 (6)
Idaho Invite (2.2)	50-9.25 (3)	52-6.75 (6)
ISU Invite (2.8-9)	51-2 (3)	52-1 (5)
MSU Duals (2.15)	51-5.75 (4)	53-7 (4)
MSU Last Chance (2.22)	53-3.75 (2)	53-2.25 (4)
BSC Champs. (2.29-3.1)	46-11.75 (10)	51-11 (8)



**EVAN
STOKKEN**

Freshman ::: Lewistown, Mont.

Stokken's Indoor Career Bests

55m hurdles: 7.96 Long jump: 20-7.25
60m hurdles: 8.75
200m: 24.43
400m: 53.90

Meet	55m hurdles	60m hurdles	200m	400m	Long jump
MSU Open (1.25)	8.04 (pre) 8.08 (4)		DQ		
Idaho Invite (2.2)		9.07 (pre)			
ISU Invite (2.8-9)		8.75 (pre)	24.43 (pre)	53.90 (20)	
MSU Duals (2.15)	7.98 (pre) 8.07 (5)				20-7.25 (6)
MSU Last Chance (2.22)	8.24 (pre) 7.96 (3)				



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**EVAN
WILSON**

Senior ::: Billings, Mont.

2008 Qualifications



Wilson's Indoor Career Bests

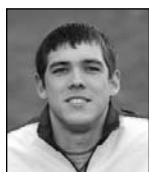
Shot: 53-2.25

Meet

MSU Open (1.25)	53-2.25 (2)
ISU Invite (2.8-9)	50-4 (6)
MSU Duals (2.15)	52-10.25 (2)
BSC Champs. (2.29-3.1)	51-0.75 (6)

Shot put

53-2.25 (2)
50-4 (6)
52-10.25 (2)
51-0.75 (6)



**LEVI
ZELL**

Senior ::: Missoula, Mont.

2008 Qualifications



Zell's Indoor Career Bests

Pole vault: 16-0.75

Meet

MSU Open (1.25)	NH
Idaho Invite (2.2)	15-1 (T3)
ISU Invite (2.8-9)	15-6.25 (T6)
MSU Duals (2.15)	15-6.25 (3)
BSC Champs. (2.29-3.1)	15-0 (11)

Pole vault

NH
15-1 (T3)
15-6.25 (T6)
15-6.25 (3)
15-0 (11)



RELAYS

1,600m

MSU Open (1.25)	3:23.69 (1)	(James Brown, Cody Henning, Kane Russell, Ryan Senn)
	3:43.49 (4)	(Clark Cranford, Chris Hicks, Christian Segota, Evan Stokken)
Idaho Invite (2.2)	3:23.29 (1)	(James Brown, Cody Henning, Kane Russell, Ryan Senn)
	3:37.50 (8)	(Michael Blanchard, Kyle Danreuther, Bryan Somers, Evan Stokken)
ISU Invite (2.8-9)	3:21.63 (3)	(James Brown, Cody Henning, Kane Russell, Ryan Senn)
	3:30.08 (7)	(Dennis Brands, Kyle Danreuther, Phil Krok, Evan Stokken)
MSU Duals (2.15)	3:21.25 (3)	(James Brown, Cody Henning, Chris Hicks, Kane Russell)
BSC Champs. (2.29-3.1)	3:17.90 (5)	(James Brown, Cody Henning, Kane Russell, Ryan Senn)

Distance medley

BSC Champs. (2.29-3.1)	10:22.27 (4)	(D. Bingham, 1,200m; R. Senn, 400m; M. Bloom, 800m; D. Hendrick, 1,600m)
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