

Steve Ascher
Camp Director

Steve Ascher is the Head Women's Tennis Coach at the University of Montana. Coach Ascher has over 10 years of college coaching experience with both men's and women's college programs. He has worked with nationally ranked college players and teams that have competed in the NCAA tournament. From the Pacific Northwest, Steve coached at a junior academy that helped develop many sectional and national ranked junior players; many who have gone on to play college tennis. He earned his bachelor of science from the University of Portland and holds a master's degree in Clinical Psychology from Millersville University.

Liz Walker
Camp Director

Liz Walker was a stand-out tennis player on the University of Montana Women's Tennis Team from 2005-2009. She was a two-time First Team Big Sky Conference award winner. Liz played in the number one singles position all four seasons. In 2009 she led the team with 15 singles and 19 doubles victories. She recently graduated from the University of Montana with a bachelor's of science in Health and Human Performance

High Performance Tennis Camps:

Steve Ascher
Head Women's Tennis Coach
University of Montana
Hoyt Athletic Complex
Missoula, MT 59812

**High Performance
Tennis Camps**



Summer 2009

June 22-26

July 13-17

July 20-24

August 3-7

Welcome to the High Performance Summer Tennis Camps.

Dear Tennis Players,

We are excited to invite you to become a participant of the 2009 High Performance Tennis Camps. Camps are available for any junior player from 12-18 years of age. These camps were created to help provide junior players an environment to learn skills that are critical in becoming a high level junior tennis player. Skills that are stressed involve proper biomechanical stroke technique, tactical awareness, mental aids, and increased physical conditioning and technique.

Every day we will be utilizing slow motion video analysis to help camp participants learn proper technique. We instruct campers using video analysis in relationship to video presentations of technique and strategy from tour professionals. These tools provide campers with the visual instruction and feedback necessary to gain immediate understanding of their games.

This camp is unique as participants will be doing all their hitting and point play against the coaching staff. In playing points against current and former Division I college tennis players, the focus is driven to increase consistency and learn to develop ways to win points strategically. Each coach works with two players on their court, which allows for immediate feedback and more opportunity to learn. Our goal is for each player to leave our camps with the skills and drive to know that they can become the best.

Daily Camp Schedule

8:30am – 8:45am – Dynamic Warm-Up

8:45am - 9am – Serving Practice

9am – 9:30am – Video Stroke Analysis

9:30am – 10am – Individual Feeding Patterns

10am – 11:45am – Structured Point Play against Coaching staff

11:45am – 12:30pm – Lunch / Break

12:30pm – 2pm – Set Play against coaches

2pm – 2:30pm – Agility Drills / Conditioning

***Camps are limited to 6 players total for each camp session. We limit the number of players to ensure the highest level of individual attention to each player participating in the camp. Please sign up early to reserve a spot for your junior player.**

***Cost per session is \$450.00 per player.**

Medical Release

I hereby authorize my child's participation in High Performance Tennis Camps. I know no physical, mental, emotional, or behavioral problems which may affect my child's ability to safely participate. The camp staff is authorized to attend to any health problem or injury my child may incur while attending camp.

I understand that my child must have current and active medical insurance before he may attend camp and hereby confirm that she does. Neither I nor my daughter will hold the University of Montana, Steve Ascher, or any other employee liable for injuries/illnesses or expenses relating to injuries/illnesses sustained while my child is at camp.

Date and Signature of Parent of guardian

2009 High Performance Camp Registration

Please fill out an application and return it with a \$50 deposit for performance camp.

Camper's Last Name First Name

Address

City State Zip

Phone

Parents Name(s)

Camper's grade completed in spring Age

Cost of each session is \$450.00

Mark the dates of camps to attend:

___ June 22-26

___ July 13-17

___ July 20-24

___ August 3-7

Please Send Checks Payable to:

**Steve Ascher Grizzly Tennis Camps
Hoyt Athletic Complex
32 Campus Drive
Missoula, MT 59812**

General Information and Camp Contact

**Steve Ascher - Head Women's Tennis Coach
406-370-9436
Steven.ascher@mso.umt.edu**